

wild loves

We put some of our favourite brands and products to the test to see how they stack up when it comes to sustainability and quality.

Reviews by Kate Duncan & Charlie Hale



Mandala Living

Mandala Living makes the most beautiful yoga and meditation cushions. Lately, I have been in love with the brand's Re-Energiser cylinder bolster filled with the softest Australian wool. Handmade, hand-sewn, filled and packed in Sydney, the bolster has two handles either end for easy carrying, a zipper to adjust firmness and a removeable cover for washing. When I'm not stretching over my bolster in a yin class, I'm enjoying a restorative backbend on my lounge-room floor. I've also been to a few sound healing and meditation classes and I find my Mandala Living bolster the perfect companion. It's comfortable, supportive and soft, not to mention environmentally conscious. Wool is biodegradable and requires less energy and water for production, which adds to why I love it so much. **KD** mandalaliving.com.au



MOTHER SPF

Sunscreen is just as important as eating a big breakfast. Or drinking coffee. Or getting a good night's sleep. Regardless of your skin tone, location or family history, applying sunscreen daily should be non-negotiable — especially for those who live in Australia. Meet MOTHER SPF, the effortless everyday sunscreen that cares for your skin and the planet. The impressive all-natural sunscreen is SPF 30 and contains just nine ingredients, including non-nano zinc oxide, polyglyceryl-3 polyricinoleate, isostearic acid, coconut oil and more. The sunscreen has been expertly formulated and well researched to keep you safe from the sun, plus the packaging design is as sleek and cool as it is visible — making it easy to find at the bottom of your beach bag. MOTHER SPF is the perfect companion for those lazy beach days. **KD** motherspf.com



St. Agni

St. Agni is a favourite here at *WILD!* The company makes footwear that's chic, comfortable, long-lasting and good for the planet. I haven't stopped wearing the gorgeous Basque espadrille sandal in antique tan. Crafted with the simplicity of the Spanish vista in mind, the sandal embodies St. Agni's style philosophy. Featuring a cross-over design and adjustable sling-back strap for additional support, the Basque reinvents the traditional Spanish espadrille for the modern woman. Handmade with vegetable-dyed leather and a jute rope and rubber outer sole, the sandal comes in three different colours: antique tan, seashell and black. For ethical footwear that's as comfy as it is stylish, St. Agni is the perfect option. The brand also makes some beautiful clothing and accessories. Turn to page 94 to read more about St. Agni and its sustainable fashion ethos. **KD** st-agni.com

Mandala Living photography: Tara D'Cruz



PETstock

I know everyone thinks their pooch is the cutest, but my Cavoodle Maribou really is! She has a gentle, sweet nature and is the perfect blend of timid and friendly. She loves playing at the beach, park or in the backyard and her current favourite toy is Miss Piggy, a squeaky hot-pink pig. Maribou recently tested out the PETstock range of chew and cuddly toys, such as the Bark-A-Boo santa silicone body toy, Bark-A-Boo mini rope twisters and Meow & Me two-pack of mice (featured). The toys are durable and provide her with hours of entertainment. PETstock has a huge range of pet toys to choose from, along with everything else you might need to keep your pet happy, healthy and satisfied. **KD** petstock.com.au



The Dirt Company

Looking to shake up your laundry routine? Do you believe me when I say The Dirt Company makes doing the washing fun? Its Australian-made eco-laundry detergent comes in a fancy-looking refillable, returnable and reusable pump bottle and smells delicious enough to eat. Since 2019, the company has donated more than \$40,000 to The Ocean Cleanup, with 50 per cent of profits going to the planet. With a few options to choose from — a starter pack, refill bundle, bulk pack and dispenser bottle — this product suits those wanting to try it out or purchase a regular subscription. By making little choices daily, such as using a biodegradable detergent and reducing plastic waste, you can make a big difference to both your pocket and the planet. **KD** thedirtcompany.com.au



Viva La Body

Beyond the deliciously bright packaging, the first thing you notice about Viva La Body products is their incredible smell — so good that they instantly relieved any apprehension on my part about converting to solid beauty and hair products. I have a lot of hair and can be quite particular about my shampoo. Does it foam well? Does it leave my scalp squeaky clean without tangling my ends into a mess of knots? Does it wash out without any sticky residue? I wasn't convinced a shampoo bar could tick my many boxes but, happily, I was wrong. With a little technique finessing, this shampoo bar has become my best friend. I don't have to struggle one-handed with bottle tops or worry about leaks when travelling. It's a hand-to-head-and-rub situation that is as good for streamlining my shower routine as it is for the planet. I was much more optimistic about the natural solid perfume. I've never enjoyed inhaling a cloud of fumes, and those glass bottles are a real pain to lug around in your handbag. This little compostable pot of scent, on the other hand, is lightweight and tiny enough to slip into your pocket. Not that it matters because the scent lasts all day; just glide a bit over your pulse points and voila — *viva la body!* **CH** vivalabody.com